

PEDIATRIC INTAKE & CHARTING THAT BUILDS TRUST

*EVIDENCE-BASED CHIROPRACTIC
TOOLS TO ELEVATE YOUR PEDIATRIC
PRACTICE & GROW REFERRALS*

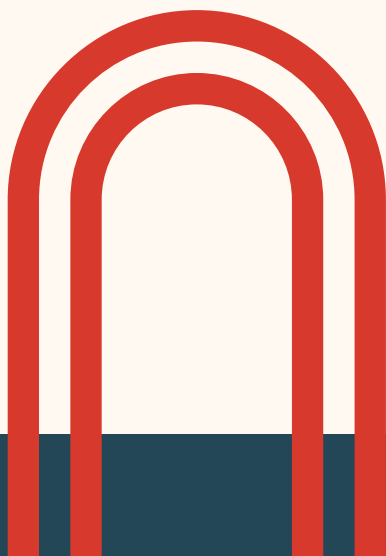
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PEDIATRIC INTAKE & EXAM CHECKLIST

- **Subjective:** Use parent's or child's exact words in quotes. For preverbal kids: "Mom reports baby hasn't slept more than 2 hours in 3 days." Capture quantifiable shifts like irritability or sleep. Avoid canned lines like "2-year-old reports pain 6/10."
- **Objective:** Document age-appropriate ROM. If not possible: "ROM deferred due to age." If tested: "Cervical rotation tested with keys — normal." Describe observable behaviors: "Infant resists turning head left when reaching for pacifier."
- **Assessment:** Note musculoskeletal findings clearly. Document red flags like abnormal tone, milestone regression, feeding difficulty. Indicate referral when appropriate.
- **Plan:** Phrase care in functional outcomes: "Gentle mobilization performed. Parent reports infant latched left breast fully after care." Always include collaborative phrasing: "Continue co-management with pediatrician."

CHARTING THAT GETS REFERRALS

- **Principles:** Avoid jargon-only charting. Show functional change in everyday terms. Use collaborative language physicians understand.
- **Example:** ● "Adjusted C1 and sacrum." ● "Gentle mobilization applied. Parent reports infant now able to latch left breast fully; previously unable."
- **Tips:** Quote parents. Translate care into measurable functional changes. Always close notes with a co-management statement.



COMPLIANCE CORNER: INSURANCE & CHIROHEALTHUSA

Read your contracts. Insurance coverage for pediatric chiropractic is typically and strictly **musculoskeletal only**. That means:

- Low back pain, torticollis, or scoliosis-related complaints may be covered.
- **Organic complaints** (colic, reflux, irritability, ear infections, wellness checks, constipation, etc.) are **not** covered.

So what's the compliant, ethical way to care for these kids? ► **ChiroHealthUSA**.

ChiroHealthUSA gives families a cost-effective and compliant pathway to receive care that insurance will not cover. It protects you, keeps your documentation honest, and makes care accessible for families who need it.

Documenting smartly:

- Don't miscode wellness care as "musculoskeletal."
- Separate organic/wellness notes from musculoskeletal notes.
- Offer ChiroHealthUSA as the clear solution when parents seek care outside insurance limits.

This positions you as a provider who is both family-centered and compliance-savvy.

Important Clarification: Subluxation ≠ Automatic Coverage

Just because there's a subluxation doesn't mean it automatically qualifies as a musculoskeletal complaint for insurance purposes.

Covered (Musculoskeletal)

- TMJ / Latching Issues
- Infant Torticollis

Non-Covered (Wellness/Organic)

- Colic
- Constipation
- Wellness checks
- Irritability
- Ear infections

Insurance typically reimburses for musculoskeletal diagnoses only. Check your contract or insurance website for details. If the service is not covered, **ChiroHealthUSA** is the compliant, cost-effective option for families. Chiropractic care for organic complaints is almost never covered, so this pathway keeps you honest, compliant, and family-centered.