

Title:

Evidence Based Care Planning/Case Management

Presenter Name:

Michael D. Massey, DC

Total Hours:

1-2

Course Topic:

Clinical

Course Description:

Effective care planning is both an art and a science—requiring a thoughtful blend of clinical expertise, patient-centered decision-making, and evidence-based practice. In this 1–2 hour course, participants will explore how to create, implement, and manage care plans that are clinically sound, measurable, and adaptable to each patient’s needs.

Attendees will learn to apply evidence-based guidelines, use validated outcome tools, and manage complicating factors, all while maintaining compliance and optimizing patient outcomes. Real-world scenarios and strategies for handling complex and nonresponsive patients will also be addressed.

Course objectives:

- Define and apply evidence-based principles to care planning and clinical decision-making.
- Develop individualized treatment plans that include measurable goals and appropriate monitoring tools.
- Manage complicating factors and transitions in patient status while maintaining effective case management practices.

Hour-by-hour outline:

**Hour 1: Foundations of Evidence-Based Care Planning**

- Introduction to evidence-based practice
- Monitoring function for better care management
- Developing a treatment plan

**Hour 2: Advanced Case Management and Clinical Application**

- Managing clinical complexity
- Navigating challenging patient scenarios
- Review of key concepts